

What happens after grommet insertion

Grommets of Middle Ear Ventilation Tubes (MEVT) are small plastic tubes that are inserted into the ear-drums to allow fluid to come out of the middle ear and air to go into it.

Immediately postoperative, pain is usually not severe. There is occasionally some blood or fluid that can come out of the ears but that usually stops after a few days. Patients are usually given antibiotic ear drops straight after surgery to prevent any infections.

Grommets contain a hole that is about 1mm in diameter. For water to cause problems it needs to travel down the ear canal, through the tiny hole in the grommet and settle in the middle ear. Soapy water can usually travel through small holes easier. Water in the middle ear can lead to mild discomfort, pain or rarely infections.

Whilst it is important to be sensible around water when one has grommets in place, the risks of serious problems or damage to the ears is **very uncommon**.

If you experience any significant pain, bleeding or discharge from the ear then please contact us via 9998 7418.